


May 2026 - Menu

Potter County Human Services - Area Agency on Aging

Menu Subject to Change - Suggested Donation \$4.25

8oz of 1% Milk and 1 tsp. margarine is Served with all Meals

Monday	Tuesday	Wednesday	Thursday	Friday
<p><u>SENIOR CENTER PHONE NUMBERS</u></p> <p>Coudersport - 814-274-7887 Galetton - 814-433-2390 Oswayo Valley - 814-697-7178 Ulysses - 814-848-9880</p> <p>* Tossed salads come w/dressing</p>				<p>3 oz Meatloaf w/ 2 oz Gravy 1/2c Mashed Potatoes 1/2c Green Beans 1 Dinner Roll 2oz Greek Yogurt w/ 2oz sliced Strawberries</p>
<p>4</p> <p>3oz Tuna Salad on a Croissant roll w/ a Lettuce Leaf 1/2c Sweet Potato Fries 2 tsp. Honey 1/2c Cauliflower 1/2c Peaches</p>	<p>5</p> <p>3oz Chicken w/3 oz Alfredo Sauce 1/2c Penne Pasta 1/2c Peas 1 Whole Wheat Dinner Roll 1 Fresh Banana</p>	<p>6</p> <p>1 Hot Dog w/bun 2oz Chili Sauce 1oz Chopped fresh Onions 1 slice Cheddar Cheese 1/2c Mixed Vegetables 1/2c Fruit Cocktail</p>	<p>7</p> <p>4oz Classic Lasagna 1/2c Steamed Broccoli 1 Garlic Breadstick 1/2c Sliced Apples 1/2c Tapioca Pudding</p>	<p>8</p> <p>3oz Tempura Chicken 2oz Sweet & Sour Sauce 1/2c. Fried Rice 1/2c Asian Vegetables 1/2c Apricots</p>
<p>11</p> <p>4oz Turkey Gravy 1 Biscuit 1/2c Peas & Carrots 1/2c Pears</p>	<p>12</p> <p>3oz Sloppy Joe 1 Hamburger Bun 1/2c Baked Beans 1/2c Cole Slaw 2oz Pound Cake w/ 3oz sliced Strawberries</p>	<p>13</p> <p>2 Cheese Stuffed Shells 1/2c Meat Sauce 1/2c Cooked Broccoli 1/2c Mandarin Oranges 1 Garlic Breadstick</p>	<p>14</p> <p>3oz Dijon Mustard Pork 1/2c Whipped Potatoes 1/2c Creamed Corn 1/2c Applesauce 1 Slice Rye Bread</p>	<p>15</p> <p>3oz Egg and Cheese Omelet 1 Sausage Link 1/2c Home Fries w/ Green Peppers and Onions 1 English Muffin 1/2c Grapes</p>
<p>18</p> <p>3oz Chicken w/2oz Curry Sauce 1/2c White Rice 1/2c California Blend Vegetables 1/2c Fresh Cantaloupe 1 Slice Whole Wheat Bread</p>	<p>19</p> <p>Reuben Sandwich / 2 Slices Rye Bread 3oz Corned Beef w/1oz Sauer Kraut 1 Slice Swiss Cheese 1 tsp Thousand Island Dressing 1/2c Roasted Carrots 1/2c Jello</p>	<p>20</p> <p>3oz Ham w/1oz Pineapple Chunks 1/2c Mashed Sweet Potatoes 1/2c Green Beans 1/2c Applesauce 1 Dinner Roll</p>	<p>21</p> <p>Boil Day 3oz Shrimp 4 Baby Baked Potatoes 2 Corn on the cob 1 Whole Grain Roll 1/2c Fresh Watermelon</p>	<p>22</p> <p>1/4lb Hamburger w/Bun 1oz Swiss Cheese w/2oz Mushrooms 1 Leaf Lettuce & a slice Tomato 1/2c Tater Tots 1/2c Apples Slices</p>
<p>25</p> <p>MEMORIAL DAY <u>All Centers Closed</u> <u>No Home Delivered Meals</u></p>	<p>26</p> <p>4 oz Crispy Cod Sandwich Hamburger bun /Tartar Sauce 1/2c Cole Slaw 1/2c Italian Style Vegetables 1/2c Fruit Cocktail</p>	<p>27</p> <p>4 oz Country Fried Steak 2oz Country White Gravy 1/2c Garlic Whole Potatoes 1/2c Green Beans 1 Fresh Banana</p>	<p>28</p> <p>3.5oz Chicken Cordon Bleu 1/2c Rice Pilaf 1/2c Corn 1/2c Peaches 1 Dinner Roll</p>	<p>29</p> <p>3oz Lemon Pepper Chicken Thigh 1/2c Butter Noodles 1/2c Baked Beans 1/2c Applesauce 1 Cornbread Muffin</p>